



Episode 061

I061 | India Mayorga: From Disconnect to Unity - Reconnecting with Nature and Embracing a Sacred Reality

Laura Foster [00:00:36]:

Hello, beautiful souls. I'm so excited about this week's podcast episode. It is with India Majorka, who is a passionate and multifaceted human, committed to so many things, holistic, healing, and guiding others towards their true purpose. This was such a beautiful conversation. I met India at a voice activation workshop here in Costa Rica and I felt so activated by her presence and her rootedness. I tell the story a little bit during the interview, but what she has really brought to the table in life is this combined knowledge as a business major and a holistic therapist and a student of esoteric knowledge and ancestral wisdom. All of these pieces where she's combining the wisdom with contemporary practices to create transformative experiences. India is the co founder of the renowned Aimaloa Institute and she's a visionary. And she dives into ancestral healing, connecting people to their roots and unlocking their potential bridging tradition and innovation. And she is such a curator of events and an energetic grid activation facilitator. We talk about this all throughout today's episode. She is empowering. She's an artist, an activist, a speaker. She channels her passion in so many ways. It comes through in all the ways. During this interview, I'm going to let the interview speak for itself. I am so grateful you are here, India. Without further ado, here's the episode. Hello, India. Welcome to the podcast.

India Mayorga [00:03:24]:

Hi, how are you? Good to be here. Laura. Yay, it's so good.

Laura Foster [00:03:29]:

I'm so happy to have you here. I'm going to start with the backstory because listeners are not going to know this, but I live in Costa Rica as quite often quite a few people know this about me, and I met you at a voice activation workshop here in Costa Rica several months back. And I will say that I was very instantly activated, and I use that word purposely by your rootedness

and your wisdom and the way in which you held the energy in the room. And my first question for you is really going to be, have you always had the ability to be so powerful with your presence?

India Mayorga [00:04:12]:

That's a very good question, a very deep question. I don't think so. I don't think I've always been in this position. I feel I was recently just speaking to my beloved, and I was sharing. Can you believe I was like this 20 years ago? And he just turned around and was in awe that I could describe this person that is so different to who I am today, 20 years later? So, no, I feel like we all transition, and I'm one of the many examples that I did not believe in the power of knowing yourself and knowing who I was and trusting instinct and following your dreams. It's been a slow process of unmasking a lot of different things. In my way, my ego is included and find myself to be able to come across to people, perhaps, like you said, that I'm rooted. And it's been a continuous work of decades, really. And I'm so happy that I'm here sharing workshops like the voice activation to share my story, to share how I've been going through different struggles in life, like all of us. And one of the things that I've noticed it was the power of The Voice and how powerful that is for a lot of us, if not all humans. And that we do need to be very attentive and very mindfully of how we use our words and the powers that they do have and the weight that they do carry. So I learned that. I remember my first lesson was my father saying, shut up and listen. So annoying when he said it, but now I got it. I'm like, okay, that's one of the hints of the family constellations at work with you.

Laura Foster [00:06:07]:

That's right. Be wise enough to sit back and listen so that you can absorb that. When we were in that voice activation, first of all, I was so curious to it, and I knew that you were part of the indigenous people of the Brie Brie. Can you talk a little bit about that for those in my circle who might not know what that is or where your people come from and all of yes.

India Mayorga [00:06:35]:

So to play with words in this incarnation, I decided to land Costa Rica and be part of a major key lineage that goes back to creation stories of this tribe in Costa Rica located in the mountain range of Talamanca. And Talamanca is the last tale of the mountain of the Andes that starts in Chile in Tierra los Fuegos and that energy travels all the way across the Andes and ends here in Costa Rica and Talamanca. So that's where the story says that our people came from, from

inside the core of the Earth into the lands of Costa Rica and Palamanca. It's 16,000 of us at the moment in the Burbi Cabeza territory, which it's cited in both the Pacific and the Caribbean side. Although the Caribbean side is the one that holds and sustains most of the structures, the cosmic vision, the language, the traditions, the rituals, the ceremonies, the teachings, there's still a strong presence of the elders there and the ones that hold their spiritual powers. And for those that believe in the costume of vision, you honor that and you participate in that activity of culture. And so this is a tribe. I am part of it, and right now located in the Caribbean side, although I've been in the Pacific side a lot, which I love in Costa Rica, but that's a little bit of who the and caveker people are. And, yeah, the story of why we're the original people of Costa Rica a.

Laura Foster [00:08:19]:

Little bit the original people, for sure. So one of the things that I have, really, being one of the newer humans to this area, what I'm really curious about is and maybe you can speak to this or not, I felt very called to come here. I felt like there was something very important about the energy of the Earth here. I had been to Costa Rica several times, but not been to this area. But I knew very strongly that I was supposed to come to this area. And I think that there are humans all over the planet that feel called to certain areas right now, and I think it's important to heed the call when we feel that inside of us. Do you have feelings about first of all, do you sense this? Do you see this within other people? Do you feel it yourself? What is that about? Is it the energy grid of this area of the Earth? Is it the shifting of the energy within the Earth? How would you say that?

India Mayorga [00:09:22]:

Wow. Yeah, that's a very deep question. Also very rooted question, because I feel that it does have to do with the planet Earth, which is a living organism. I mean, we call it IRIDIA in our tribe, and it has a beautiful story around it, which I hope to share one day with the audience and many stories around the creation of this planet and the transitions that we've been going through as humankind. And I believe that if we go back to geology and determine Costa Rica, we can see that this was the last landmass to appear back into the water a couple million years ago whenever things were still moving. And then so if we're that new Earth the last one to emerge out of the waters in Costa Rica, and there's still a big mountain range underneath the water of Costa Rica and the South Pacific coming from Isla Coco all the way down to the Brunca territory, to Isla El Cano. So there's still lands that are going to be emerging in the future. So there's still that newness of Costa Rica. I feel that that energy of new, of not going

through a lot of the distortions that the rest of the planet has gone through for several thousands of years has allowed this vibration of this specific point in the Earth to be a little bit more pure. And hence the PuraVida that we have as a mantra here is a pure life. And I feel it's been calling this simplicity, it's been calling this no army, it's been calling free education for the children. It's been calling Costa Rica to keep protecting its green areas. It's biodiversity, holds 5% of the biodiversity. So you see, we're already intrinsically woven with Mother Earth as a new embodiment of her. While a lot of things have happened in the outside, I feel that this energy is now pulling a lot of the seeds. A lot of the humans in this specific time and space that are feeling a resonance, an energetic pull, a magnetic pull, if you may, specifically from different parts of the Earth, because there's a specific reason of why you're coming here to build something here. And so I'm a true believer because I've been asking so many people along the journey of I think it's now four years that I've been traveling around Costa Rica after leaving the retreat center that I built and pre pandemic like during that time and analyzing why were people moving to Costa Rica? And the majority of the people, if not 99.9%, is? Because the land called me. The land called me. I don't know why I'm here, but I just feel a resonance with the land. So I'm not going to argue that because I feel it as well. I feel that there is a shaking. I feel it in myself personally that these lands of my ancestors here are so alive and speaking so loudly that if us, the original people or the native people of this space, do not hear the call, she's going to call, and already is calling a lot of people from the outside. Because we are coming together to create something new, something very powerful. And the indigenous mammals of Colombia, which are great cartographers of the planet Earth say that Costa Rica is the know. If you look at a body, she's the esophagus. And that means that we're processing. We're processing and digesting things so that information can come out. And I feel that's what we're doing together. We're here building a new narrative, building a new storyline and we're working and getting our hands dirty, literally. Most of us and some of us cultivating and replanting and assisting on this renewal ways to work with Mother Earth. So I think it's a call. It's definitely a call that's happening. Yeah, it's a deep call.

Laura Foster [00:13:38]:

And I love the validation of just knowing that this is something that you've seen or heard from many other humans, because when you're answering the call, it can feel like the most normal thing you've ever done and be not confusing at all to you, but of course, to others. That seems completely outside the box to be doing all that. But the world has a way, the universe has a way of orchestrating things to push people. That's what these last few years feel like they've really done, is to push people to be so uncomfortable that they need to look at things they have maybe lulled to sleep. And so one of the things that I really love learning from you and

remembering within myself is this deep connection to Mother Earth. And if there's anyone who is listening, who is intrigued and feels the call to listen to you, I would definitely say, at the very least, connect with your Instagram because you have this beautiful way of reminding people about our connection to the elements. Is this something that you practice in daily life? Why do you think this is so important for all of us? To get back to? This, I would call essential living, really.

India Mayorga [00:14:56]:

Because it's our home, for sure, as simple and then as profound as I call myself out on this. Even though I grew up to be close to nature and I planted my trees when I was little, and I work with the animals and I play with the waters, I certainly forgot that part of my childhood while I was growing to become a teenager and then lost my identity because of a capitalist world. And then materialism became a thing for me. And then I fell into the trap of these ego characteristics that would define that I was a good citizen and seen to be prosperous and financially abundant into the world and successful. So I was caught in that trap. And what got me out of the trap was coming back to Costa Rica and having a deep, profound conversation with the water of the ocean body, which many of the indigenous people would say, that's where life originates from, and scientists will also confirm this. And so that's how my relationship started years into my life. And it was a decision that I personally took because I realized that I was so lost that I couldn't understand who I was and why I was here and what was my purpose here and why I was going through things that I was going through family wise and lack of identity, self love, confusion, just belittling myself. And it was just that moment. And what held me together was the ocean. And so I picked up on the ocean, and that was my first element. And then the next thing that I encounter is I'm being then thrown into a jungle. And then I fall into this jungle, and then I love the jungle walks every morning and my meditations and then hearing the river show every day, the same river creek, the same water forest, the same sounds. And then it will tweak a little bit. And then at night, it would change. And I was just this new curious little girl and I picked up where I left off when I was younger to realize that there is so much magic in nature and that she is really alive and speaking to us. If we take the time to disconnect ourselves from everything that's distracting us and literally connect by listening, connect by sitting down, connect by feeling, and allowing yourself to pretty much it reminds me of just the Avatar movie for whoever has seen it and they're just like plugging into the tail of the tree of the life force. And I feel it's that I feel that I see it today that we're losing our reality into another technocrat world and that disassociation from nature, it's causing what is causing today in the world. So I would say that that's why it's so important and that's why I share it, because I truly believe that she's calling us and she's speaking. There's a

lot of things that are coming to light. I believe that she is a powerful force that if you don't believe it, go and ask a hopi indigenous person that dances every year and there's rain that comes down for their crops to continue. And they believe and know the power of the elements. There's so many other wisdom teachers through the Tibetan mountains and everywhere in the world to just come to the conclusion, well, maybe I should pay attention.

Laura Foster [00:18:59]:

The synergy, it's this beautiful union of it. I come from a part in Canada that is mostly nature, not a lot of population. And I used to think that nature there was fierce. She's fierce. She is fierce in her way. I've never experienced anything like the fierceness of the energy. And I mean that in all the ways. I don't mean it in some sort of emotional, angry way. I mean it in the power of it. It's so strong here. She speaks so loudly. And I think that's one of my essential rememberings is that it's a choice to disconnect from that and it's available to reconnect from that. So that has been one of the things that I just noticed myself, is just getting back to the simplicity of life. All the things, all the distractions, all the plugins, the material sides, all of those things don't have the same resonance that they once have. And I see that in a lot of people, thankfully. But this place, where in the world there is this place where the development of the lands and this lack of sacredness for, what is this is something that's been coming up for you within Costa Rica as well. What's been happening on the caribbean side and with the people and what's been coming up around development and what the government is in control of and what's rising within people as a result of that.

India Mayorga [00:20:42]:

Yeah, it's a very profound subject because it touches so many hundreds of years here in Costa Rica of defending the lands by the ancestors. So I'm trying to see where I can pick up. But what I can tell you is that I called my mother and I asked my, like, mom, you know, this is happening right now in the coast. This is what this entity of the government is doing. And apparently they want to put together this plan to develop the zone. And apparently they didn't inform anyone. And as to everyone that I've asked, that's true. And what's going on? Can they do this? So I'm digging in and I'm digging in and she's like, welcome to the fight. And then she starts giving me all of these contacts in the network and all the things that she has done, and I'm like, well, hold on, this is still going on. And she's yes. Yes. And then I realized that I'm a new generation that is going through the process of sustaining a strong voice for who is not able to speak, which is her, but Mother Earth or Idria or Gaia Patamama. And all because there's interest in development. A land that has so much biodiversity and so much life. It's alive. And now I get

why the monkeys have been bothering me the past few weeks and just really calling me out and saying, you got to pay attention. There's something happening. And I could feel it. I'm like, there's something happening. Something is coming. It's not going to be easy, okay? And I can feel this call. So what is happening here is another attempt from the state government to impose their mandate to build a plan of development that only benefits a few without considering the voices of the local people, the original people, the African Caribbean descendants here that relocated back in the 17 hundreds and the rest of the world that has relocated here ever since. Europeans, Americans. It's just a very complex and rich coast. Part of my calling, as I say that I'm a channeler of nature herself, because I have been asking for this gift to come through to me. Like, I want to be your channel. I really want to be your voice. I really want to do this not only for my private clients in ceremony when we sit down and go deep into a journey, but also to be able to know what you're trying to tell me, what are you trying to tell us. And I want to respect that because those are our ancestors. Those are the teachings of the mountains, of the trees, of the rocks. All of this is alive, and they're communicating with us in a different way. It's a very advanced way, and it's hard coherence you have to be really in your body and fill your heart and really remove that mind that obstructs that, and it just becomes this roadblock into really listening in and following what she is guiding us to do. And so right now, we're coming together, I trust, to build a new narrative as to what this new generation wants to do with the protection of our mangroves or our wetlands, our coral reef, our jungle, our beaches. Five ecosystems that are very rich in this coast. How we want to keep controlling, protecting the entrance of people and organizations that want to consume and take our oil, our minerals, our water. There's no water right now in the community where I live. How is this possible? How is this possible? I go and I sit down with my indigenous brothers and sisters here in the territory that's close to the coast, and I ask them, is it true that you don't have water as well? And they're like, yes. And I'm like, you think this is normal? Do you think this what we want to pass on to the next generation? That we were the ones that didn't pay attention whenever water was scarce and did something about it, reacted, came together, found out why this was happening and fixed it? Because I believe that that's why we have so many beings here in Costa Rica that are so intelligent, so powerful, with a lot of tools that perhaps a lot of us didn't have access to and that we can come together and weave a new message, a new future. And create something that is harmonious with nature, harmonious with the ecosystem, harmonious with development, sustainable development. Harmonious with a new economic way for everyone to benefit. And it doesn't have to be centralized. And can we get there? This is a beautiful story that I trust that we can build here in the Caribbean side at this moment.

Laura Foster [00:26:02]:

And this awareness, this knowing, this activation within you, do you feel it starting to create a wave of change amongst the humans that live in that area? The ones that maybe have been also lulled to sleep over time or didn't feel that it was their need to stand up and say something? Has this been something that you're starting to see shift? Like more humans are waking up? Because I know so many people, including myself. Have I've activated this activism? Side within me? Would never have said that. I've always had an opinion. I've always had a voice. I've always been able to stand and say what I think. But it has a new energy, like a warrior energy to it. Is this something that you're seeing both in your people and also in the communities that you are having these conversations with?

India Mayorga [00:27:01]:

Yes. It goes back to the question you asked me at the beginning. Like, why are people coming to Costa Rica? Hello. Welcome to the fight. Welcome to the country of pure life. Of no army, of a lot of corruption in the state government. There's going to be a lot of stewards that are going to protect the lands, that are going to protect the watersheds, that are going to protect the resources. And there's other ones that will unite the ones that are being imposed to relinquish our resources, our land. And we're going to have to unite in our voices because we know this is a collective rebirth that we're going through. And Earth itself is saying, hey, I'm about to rebirth and you guys want to come through. You want to come through? Okay, then you're with me, right? You're with me, right? Because I'm going to just vomit everything else. And that's the call. So are we willing to stand up? Are we willing to use our voices? Are we willing to do this? I feel so that's what I'm seeing and feeling here, that there is actually this knowing, this gnosis, that through the different tools that we've all experienced through our journeys of awakening, that we are interconnected, that there is no separation. And the one that is holding the tapestry of this matrix is Mother Earth. So that we can truly connect to the intuitive guidance of our purpose here and move through that and flow with the river and know that there's rocks in the way. And then my astrologer says, India, that's why you have to know the astrology and the maps and the stars. Because then you know when the rocks are coming and you know how you're going to react now that the rock is coming. So you're going to slide through and it's going to hit you a little bit, but you're going to now not overreact. I think it's the same thing here. We know that we were called to Costa Rica, that we were called to move to the different landmasses that we've been moving to, and that we have a passion to transmit this connectivity and this activism, like you said. And if we really allow ourselves to come together and share the same voice, I feel like we can write a new narrative, a collective narrative of protection, of safeguarding our resources, safeguarding her.

Laura Foster [00:29:22]:

And in all of that, finding the strength within ourselves to stand more in our purpose, because that's one of the most beautiful things of all of this, is that in finding your way to say the thing, do the thing, embody it, connect in and have that vulnerability and also strength of character to stand into that we develop it within ourselves. So, yes, the writing of a new narrative and the new way going forward. This piece, I want to go back for a second and just touch on this part where if there's anything that I have people say to me just because the way that I tend to come through is verbally, obviously, I'm on a podcast right now. This is my easiest form of communication. So I will often have people say to me, I wish I could speak my truth. I wish I could say everything you're saying. I agree with you. I believe that that's how I feel. And I can't say it. How do I say it? So that is why when I not randomly came across this voice activation workshop, I was like, I'm going to that because I know I'm here. I know I'm supposed to be here. And this is one of my strengths and I can always ascend in this. So when you are working with humans who know that they have a message to share with the world, how do we bring that forward? How do you teach others to do that?

India Mayorga [00:30:55]:

Somebody was asking me yesterday about empowering women and how do you do that in indigenous territories? And what I can say that in my experience, it's been very one to one and figuring out who are the ones that are stepping into and asking the right questions. Because if you want to interpose and tell somebody, you just do it. Come on. And they're not willing because they still have that fear. It's a very personal choice. You really have to be committed to yourself and believe in yourself. And at the end of the day, no one can do that for you. No one can believe but you. So you have to go through the process of believing in yourself. So for that, there's the pre empowering, because that's something that you do. You do that through meditation. You do that through writing your mantras. You do that through going to different workshops and slowly but surely just disarming yourself, disarming yourself of your false beliefs, of your false. So I really work with the beings or the beings that come to me. The people that come to me are people that express what's going on in their life. And then with that invitation that I know that they're ready to take the next step. And so I start digging into the underlying triggers that may be stopping them from speaking the truth and have them realize why they're not doing so. What is the other layer of fear that you have in there? And how are you going to do that? Are you going to now speak to your parents about it? Are you going to speak to your loved one about it? Are you going to set the boundaries? So I feel like

it's more of a one to one process for me, that has more of an impact. If I'm working with true beings that are in this leadership role, that have gone through the exercise of now believing a little bit in themselves and now are struggling to speak truth. But they feel it. They're in that end. And I know that they will then empower others on the same situation. So that's how I've been doing it. I've been doing it through the workshops like you attended, to leave a seed. And whoever wants to follow that seed and really water it, then, whether it's with me or anybody else, at least now you know that there is an invitation for you to dig deeper into why you feel the way you feel and your voice won't allow you to speak it. There's something that's blocking it. So let's go through that journey. There's different tools to be able to unlock that voice that is inside of you. And there's a lot of ancestral traumas that we carry that we have no idea. And that's why we need to go into a journey of discovering what is blocking it, what are the stories blocking it to fully activate that. And you get that through, like I said, speaking, asking questions and figuring out, applying psychology a little bit into that dismantling of the fears.

Laura Foster [00:34:12]:

And so much of the work that you do, as I understand it, is as a holistic therapist, is that correct?

India Mayorga [00:34:19]:

Yeah.

Laura Foster [00:34:20]:

So that one to one or that one to few or I've seen you work on one to many in my experience. And I also feel like there's some part of this that has to do with bringing sacredness back into life. Right. I can tell you from a North American culture that it feels like there is a concerted effort to make to remove all forms of sacredness. And as women, I feel deeply this is our job to remind each other how sacred many things are. Not just life, but love and community and Mother Earth and so many things. How do we make things sacred? Again, to me, I think it starts with the smallest of things, but for me, it's the energy of sacredness. How would you describe what's so important about having that be a part of our own way of being?

India Mayorga [00:35:27]:

Whenever you were speaking, what came to the vision was a child, like a baby. And it's so innocent and it's so in awe with life and the colors, and it's just laughing. And then the dog is playing with its thing and he just wants to pull the tail of the dog and find out what that is. And it's very curious. And that's the best example that we have. We have it with our children. So as women, as mothers, as caretakers of this new generation, I feel it's our responsibility to take care of this generation by engaging more into this type of reality, which is be innocent and creative and explore and cultivate this art form. And this should be done with every human being. Everyone should explore this feminine aspect of creativity, of being in awe, of just letting the world be in front of you and witnessing it with different eyes, a different perspective. And that becomes a sacred moment because you know that that moment is no longer there, it's already gone. And your experience with that moment was imprinted and forever. Then the next one comes and it was your behavior, your reaction, your emotional expression, your vibrational. Feel that imprints that and creates that pattern and it ripples across the universe is your own sound, like Sages mentioned, is your uniqueness. So we're dealing with your uniqueness and your imprint that gets plays into the cosmos and travels through sound and space. And only you created that in this sacred moment of your presence, of your consciousness, of your awareness of being the observer, of being there so that's the sacredness is going back into observing like a child and being so. Present that when you ate that thing that was sour and tasted really bad, you remember that? You're not going to taste that thing because you were so present. And you'll remember for the rest of your life that there's something that you don't like about the sleep. You don't know what it is, but there's something that got imprinted in that memory. So I feel that realizing the power that we have, like I said before, not only with our voice, but with our state of beingness in the field is where we start a sacredness. Your mere presence is that sacred. And so taking care of your body has to be that sacred because this is the vehicle that we're getting here on this experience. So start with your body. If you can't even take care of your body and you don't believe your body is sacred and that this is the vehicle that moves you to diamond space and the one that has a brain down here and a brain up here, now, there's conversations going, and then you have a whole field outside of sentient beings informing you. And there's so much going on. And if you don't have clarity within your body, your temple, your sacredness of that space, then how are you going to be able to navigate in the continuous sacredness of the outer space and not react when things come? So it's a dance, and it goes back to the simplicity of being in the moment, in the now. If that was the sentence, being the present of the moment of the now. That's the only thing that exists.

Laura Foster [00:39:28]:

The only thing that exists. And this is true. And I love how you explain that because I think a lot of times we get really heady and we start to complicate things when really it's the most simple concept ever. And the more that we can drop into that, I think it's easier for us to be in the flow of what life is actually calling to us. When we talk about rebirthing, Earth and a new Earth and so on, what are we calling in? What do you feel we are calling in? What is the call to action? I guess I'm really asking you.

India Mayorga [00:40:16]:

I feel that humanity is already calling this unification of everyone as humankind. We're asking for everyone to come together and really collaborate and share resources and have this sovereignty of being and explore and enjoy and be happy and blissful in the state of sharing, the state of assisting our neighbor, knowing that we're here passing through time and space for seven generations ahead, that there's nothing that we take, nothing. All we can do is leave an imprint that is very unique and that is what we leave on into the field for hopefully others to remember, if anything, for others to get inspired through. So the New Earth is calling this new shape and we can build really whatever we want. And I feel that what we're calling forth is a place where we are sovereign, we have free resources, we have free energy, we have beautiful land where it grows food, healthy food, good food for our children, good water that sustains and maintains everyone life abundantly for everyone. A sense of blissfulness when we walk through the Earth and a reciprocity of this powerful being that we are and the superpowers that come with that. And exploring unimaginable dimensions that we haven't even tapped into because we were so confined into an old story. So I feel that we have the capacity. It's all about really coming together into this unification of a vision and believing it so much that that must happen because we feel it, we know it, we taste it, we breathe it, and we know it's coming. It's already there. So I feel that that's exactly what this New Earth is like. We already know it's coming. That's the most beautiful thing. We feel it. And that already says a lot of the power that we have.

Laura Foster [00:42:31]:

This is so true. And one of the things that I know that you're so powerful around is your ability to activate that in others. And I could already feel that in so many of the things that you've already said. Would it be possible to do a short visualization of what we are calling in the New Earth? This new way, this new collective consciousness, a way of coming together? Would you be willing?

India Mayorga [00:42:59]:

I would love to enter into a journey. Beautiful. So I invite the audience, if you're sitting down or in a place where you can close your eyes safely to do so. And if not, maybe you can listen to this back in your house when you're able to close your eyes. And with this invitation to close our eyes, we start connecting to our breath and our essence, our true essence. Tapping into the feel of the awareness of the collective consciousness of this energy of divine light, divine wisdom and unconditional love in service of all human beings. And so connecting to this field, this energy, this vibration that is accessible to all of us whenever we want to. And as we enter this, we see our feet on the ground walking in a beautiful landscape. And we see we're carrying something with our hands. And we hear laughter, we hear children playing, we hear the animals around us we notice the bird sounds and we feel the air breeze flowing through our hair and the warmth of the sun. In this beautiful day, we recognize our heartbeat and we put our hands in our heart and are grateful for what we accomplished. We giggle inside, remembering our ancestors and all the work that they did for me to be walking this grass field and my daughter, my son, my family, my extended family, my collective family, all walking in harmony, laughing and learning from each other. Cultivating conversations, dialogues, circles where there's conversations with elders and with members of the community. True leadership weaving wise words, spoken children attentive to listening and participating in a conversation. Powerful gifts of the children, showcasing the power of humankind. The elders are in awe of all the beauty that we've created, of the powerful little children that are now coming into the earth with their gifts to take us into the next evolution that we know is possible because we've built it so far. We work together in harmony with the technology that's being gifted. We are mindful with our actions by sharing with other communities this knowing and respectfully aligning always to the better good of nature and our future generations. We go back into this field where we saw our feet for the first time and we take a deep breath, realizing that this is just the beginning of a beautiful tapestry that we've been weaving for eons and that we are that new generation in this new earth. Already there's a transition that's happened, a shift in the energetic field, another door that opened to this new dimension that we were able to access at the right time, at the right place altogether. Together with Mother Earth and all of our ancestors, our guides and spirits, in divine light, in divine wisdom, we have created the new Earth. And you look closer in that basket that you had in your hands and you see life. You see beautiful flowers, beautiful fruits, beautiful vegetables that you just collected from your neighbors, from all the resources that you were able to trade amongst each other with all the permaculture principles that we were able to apply in unity, in unification, in reciprocity. And you smile once again because you feel that feeling of we did it, we did it. You take a deep breath and look at the children and smile one more time, knowing that a bigger, brighter is

coming for the next ones to see what we did, what we accomplished together in unity. And so you keep walking through these lands, feeling blissful, feeling alive, feeling connected, telepathically, connecting to everything, speaking truth and wisdom through your beingness. This was a walk in the morning in this new place of this new earth that you were able to participate on. And with that we walk back into the moment of now knowing that there is no separation of time and space and we were able to see a glimpse of what we're creating right now. We are the future generation. We are our ancestors.

Laura Foster [00:49:59]:

Thank you.

India Mayorga [00:50:02]:

Thank you for sharing with me and going in this journey. I appreciate it.

Laura Foster [00:50:11]:

It is my honor. I'm so grateful that you answered the call to join me to have this discussion. How can listeners connect with you, India?

India Mayorga [00:50:25]:

You can connect with me via my webpage, which is Indiamajorga.com, also through Instagram. And my handle is also Indiamajorga.com. Yeah. Those are the two main ways to connect with me. And I thank you so much, and I thank the audience for receiving inspiration through the different channels. And thank you for opening this channel for us to share and for me to get to know you a little bit better in Costa Rica. I hope we keep weaving more and excited to see who else hears the call to come to this beautiful lands.

Laura Foster [00:51:04]:

I feel it, too. Thank you so much for, like I said, answering the call, being on the podcast, sharing your deep wisdom and your strong activation, and your voice for those who are still finding theirs, and your leadership and your sisterhood, I feel it strongly. It is definitely woven in there. The world needs you just like it needs me and every other human who is listening to this right now. If you're listening to this right now, thank you for being here. And please take

something that you heard or remembered or something that was activated within you to take a step forward, any step. And for those who are looking to connect with India, you can visit the show notes for all the ways that you can do so. And if this episode resonates with you, and I know it will, please share it. Somebody else needs to hear this message, too. Drop into our DMs on Instagram if that appeals to you, and let us know what was activated within you. So please do something with today's episode. Let it wash over you. Let it activate something that is meant to be expressed right now. Have an incredible day. Bye for now. We'll see you next time. Hey there. Thanks for listening to the soul Inspired Girl podcast. To learn more about my program and feminine collective Roots in The Sisterhood, or to find out more about what it means to one on one coach with me, you can go to Soulinspiredgirl.com and find me on Instagram at [soulinspiredgirl](https://www.instagram.com/soulinspiredgirl). If you like what you heard, be sure to share with a friend, post and tag me on your Instagram stories and leave me a five star rating on your favorite podcast platform. Now go out there and create yourself an amazing day.